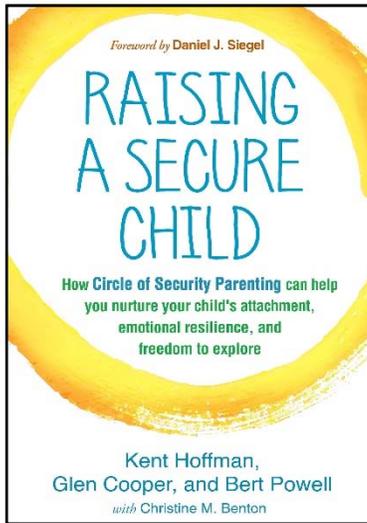


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Raising a Secure Child

How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience, and Freedom to Explore

Kent Hoffman, ReID, Glen Cooper, MA, and Bert Powell, MA
 With **Christine M. Benton**
 Foreword by **Daniel J. Siegel, MD**

“Down to earth, witty, and so, so smart about the complexities of parenting, *Raising a Secure Child* is a revelation. It provides a clear roadmap for all parents who want to give their children the very best beginnings possible. You will wish your parents had read this book, and if your children are grown, you will want to start all over again.”
 —**Arietta Slade, PhD**

From the renowned creators of the Circle of Security intervention, this book is an ideal recommendation for all clients who want to nurture strong attachment bonds with their children. Parents learn how to promote security in babies through teens while fostering their independence, and what emotional needs a child may be expressing with difficult behavior. Vivid stories and unique practical tools give readers insight into how their own upbringing affects their parenting style (and what to do about it). **Purchasers get access to a Web page where they can download and print invaluable self-assessment checklists in a convenient 8 1/2" x 11" size.**

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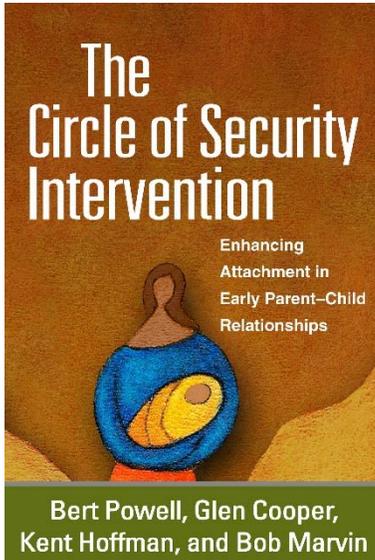
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The Circle of Security Intervention

Enhancing Attachment in Early Parent-Child Relationships

Bert Powell, MA, Glen Cooper, MA, Kent Hoffman, ReID and Bob Marvin, PhD
 Foreword by **Charles H. Zeanah, Jr., MD**

“Brilliant, creative, and transformative are words that don’t fully capture the true power of this approach. The authors have woven attachment theory into a research-based, innovative intervention that helps infants and their parents move toward security and a life of resilience and well-being. Soak in the wisdom of these masters and you’ll be forever grateful—I certainly am. The book provides an intricate yet practical therapeutic exploration infused with the dedication and insights of its authors.”
 — **Daniel J. Siegel, MD**

Presenting both a theoretical foundation and proven strategies for helping caregivers become more attuned and responsive to their young children’s emotional needs (ages 0-5), this is the first comprehensive presentation of the Circle of Security (COS) intervention. The book lucidly explains the conceptual underpinnings of COS and demonstrates the innovative attachment-based assessment and intervention strategies in rich clinical detail, including three chapter-length case examples. **Reproducible forms and handouts can be downloaded and printed in a convenient 8½" x 11" size.**

COS is an effective research-based program that has been implemented throughout the world with children and parents experiencing attachment difficulties. The authors are co-recipients of the 2013 Bowlby-Ainsworth Award, presented by the New York Attachment Consortium, for developing and implementing COS.

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