



COSP™ Facilitator's Path to Secure Hands

Part One of a Three-Part Learning Series: **The Bigger, Stronger, Wiser, Kind Facilitator**

This course is the first of a three-part learning series (Parts Two and Three coming in 2022) that introduces facilitators to the practice of process fidelity. The introductory training for COSP Facilitators introduced Circle of Security Parenting™ and provided instructions on how to facilitate this manualized program. Using the video and the COSP facilitator manual together ensures content fidelity. But as a COSP facilitator, it's necessary to adhere to fidelity in both content and process. In this learning series, we'll focus on process fidelity by following the Path to Secure Hands. The three courses will include:

- Part One – The BSWK Facilitator
- Part Two – Shark Music and The Core Sensitivities
- Part Three – The Reflective Facilitator

Who Should Attend?

This training is open to Registered COSP Facilitators interested in deepening their understanding of facilitating COSP with fidelity.

Learning Objectives of the Training

- Follow the Path to Secure Hands to discover what goes into being BSWK
- Learn to use the Parent's Circle of Security to enhance your own relationship capacities with caregivers
- Deepen your facilitation skills by exploring examples of taking charge, following, attunement, resonance, Being With, and rupture and repair
- Engage in learning activities which focus on your relationship strengths and struggles to help you discover what may be hidden in plain sight
- Hear other facilitators' experiences of following the model of change found in the Path to Secure Hands



REGISTER HERE

Watch a short informational trailer now:

THE BIGGER, STRONGER WISER, KIND FACILITATOR

Part One

[Learn more](#) about Fidelity Coaching,
Level I and Level II Facilitators

\$250USD (10% discount for groups of 5-9; 15% for groups of 10+)

Includes:

- 6 CEUs (pending)
- Course workbook
- Learning exercises for future use
- 30 days to complete the course